## When iron gets out of balance, it throws your body out of balance, too.



People with thalassemia have to be sure that they keep their iron levels low. Otherwise, that excess iron can cause damage to organs like the heart, liver and pancreas. And if your doctor has prescribed iron chelation therapy, following it precisely helps gets rid of that excess iron.

Being consistent with your chelation regimen is the only way to keep iron in balance.

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