Being adherent to thalassemia treatment has a big payoff – a longer life.

Studies have shown that people with thalassemia who follow the recommended treatment plans for thalassemia have better health outcomes than people who don't.

So even if you can’t tell that your treatment is making a difference, your body can!

Sticking with transfusions, chelation and other treatments can be difficult – but it’s worth it.

www.thalassemia.org

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Cooley's Anemia Foundation
Leading the Fight Against Thalassemia
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